

PRAYER & FASTING WEEKEND

6PM 4TH APRIL - 6PM 5TH APRIL



What is it?

As a Church we are entering into a unique season of growth and change marked physically by the renovation and extension of the Chapel building. This will give us much more capacity to meet the needs of our currently growing congregation and afford us the opportunity to serve our wider community of Kew.

With such obvious change and growth, it is important that we seek God in prayer at this time, that we steward our Church according to His will.

For this reason, we will come together as a Church to fast together for 24 hours, seeking God in this time, in an attempt to grow closer to Him and understand His will for our Church.

We encourage you all to join us in the Chapel and Newnham Hall buildings at some stage throughout the 24 hours to be a part of this important time with God. The 24 hour period will kick off with a time of prayer and worship and conclude with the same followed by a light meal to break our fast together.

What are we fasting for at Kew?

In coming together to pray and fast for the Renew project we are asking God for His provision over the building process, but more importantly for spiritual guidance as we enter a new season as a Church.

The new building will change the way we function as a Church community, and open doors for new connections with the wider community. This has spiritual implications for us as a Church as we seek to help people say yes to Jesus at every point of their lives.

We are coming before God in humility as we fast and pray, laying to rest things of the past that will no longer continue, repenting of where we have gone wrong, clearing relationship with God, ensuring our past does not dictate our future and in light of this, seeking God guidance for where we are headed in order to posture ourselves for what He is bringing to us missionally as a Church.

Details

6pm Friday 4th of April – 6pm Saturday 5th of April

Opening Service: 6pm 4th April

Closing Service: 5pm 5th April (followed by light meal)

Why Fast?

**It is something the
Jesus expects of us:**

Matthew 6: 16-18

To mourn what is lost:

2 Samuel 1:11-12

To hear clearly from God:

Exodus 34:28

Deuteronomy 9:9

For deliverance:

Mark 9:29 (KJV)

**Spiritual preparation,
to posture our hearts
as we petition God:**

Daniel 9: 3-4

2 Chronicles 20

2 Samuel 12: 16-23

Ezra 8: 21-23

Esther 4: 16

To repent from sin:

2 Chronicles 7:14



What does fasting look like practically?

Biblically speaking fasting is giving up food for a set period of time.

We are calling all of those who are able to, to spend the full 24 hours fasting and praying.

We understand that there are reasons why many may not be able to fast from food, including:

- Certain medical conditions
- Mental health reasons
- If you are partaking in intense physical exertion during this time (work, sport etc.)
- Pregnancy

If this applies to you, you can partake in this holy time in other ways;

- Fasting food for a lesser amount of time (perhaps just sunup to sundown, or one meal)
- Giving up specific food groups for the set time-period
- Giving up other comforts (e.g. sleep, time)

Whatever you are giving up during this time, it is important that you replace the activity with time in prayer, listening to God, worship, etc.

Why fast and pray together?

We see countless times throughout the Bible that when people are petitioning God through prayer and fasting, they ask their community to join with them in the process.

2 Samuel 1:11-12; 2 Chronicles 20; Ezra 8: 21-23; Esther 4:16

There is something supernatural about God's people uniting in prayer.

HOW TO GET INVOLVED AT HOME



Fasting

You can join us as we fast. This will involve giving up food for 24 hours from 6pm Friday the 4th of April to 6pm Saturday the 5th of April.

If you cannot fast from food for 24 hours for any number of reasons you can partake in this holy time in other ways;

- Fasting food for a lesser amount of time (perhaps just sun up to sun down, or one meal)
- Giving up specific food groups for the set time-period
- Giving up other comforts (e.g. sleep, time normally devoted to other things)

Whatever you are giving up during this time, it is important that you replace the activity with time with God in prayer, worship, and making time to hear from Him.

Prayer

Throughout the 24-hour period there will be people praying in the Church buildings in person.

You are all invited to join in, in person at any point during this period for as long as you like.

However, if for any reason you are unable to make it to Kew this weekend, we would love for you to be praying for the Church as you fast from home, or wherever you are.

It is generally considered that as you fast you re-direct your focus from your hunger to God. Praising Him, repenting, asking him to bring forth change, growth and provision and seeking to hear what he is trying to say to you in this moment.

Here are some points to consider in your prayer time:

- Renew Team
- Church leadership
- Building specifics and how they will serve our Church
- Growing congregation
- Future Generations
- Children and families
- Intergenerational Ministry
- Unity
- Opening up to the community
- Celebrations: start of life, milestones, marriage, end of life
- Funding
- Fostering community